




# INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask  
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

WEEK  
**1**

**DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE**



MONDAY 24 FEBRUARY	TUESDAY 25 FEBRUARY	WEDNESDAY 26 FEBRUARY	THURSDAY 27 FEBRUARY	FRIDAY 28 FEBRUARY
Oven Baked Pork and Beef Sausages with Gravy (1, 14)	Spaghetti Bolognaise with Garlic Bread (1, 8, 9)	Roast Turkey	 <p><b>ENVIRONMENTAL DAY</b></p> <p>Cheese and Tomato Pizza with Potato Wedges (1, 8, 9) Cold Wrap Selection Jacket Potato with Topping of the Day Sweetcorn and Salad Bar Apple and Pear Crumble with Custard (1, 9)</p> <p><small>Cauliflower - Boundary Farm, Wingham Apples - (Newlands Farm, Teynham) Pears - Hoaden Court Farm, Goodnestone</small></p>	Breaded Fish (1, 4)
Oven Baked Vegetarian Sausage with Gravy (1) <b>VEGAN</b>	Mixed Vegetable Kebab with Rice <b>VEGAN</b>	Rice and Bean Stuffed Pepper <b>VEGAN</b>		Homemade Spring Roll (1, 8) <b>VEGAN</b>
Wrap of the Day	Wrap of the Day	Wrap of the Day		Wrap of the Day
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day		Jacket Potato with Topping of the Day
Herby Potatoes, Baked Beans and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Spring Greens		Chips, Garden Peas and Salad Bar
Mixed Berry Cup Cake (1, 7)	Tutti Frutti Tuesday	Banana and Cinnamon Sponge with Custard (1, 7, 9)		Melting Moment Cookie (1, 7)

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR**

### ALLERGEN KEY

**1** CEREALS CONTAINING GLUTEN  
**2** CRUSTACEANS

**3** MOLLUSCS  
**4** FISH

**5** PEANUTS  
**6** NUTS

**7** EGGS  
**8** SOYBEANS

**9** MILK  
**10** CELERY

**11** MUSTARD  
**12** LUPIN

**13** SESAME  
**14** SULPHUR DIOXIDE

**\*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

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WE ONLY USE



FRESHUK BEEF FRESHUK PORK FREERANGE EGGS LOCAL FRUIT & VEG WHOLEMEAL PASTA

**WARREN WOOD**

**INDEPENDENTCATERING.CO.UK**

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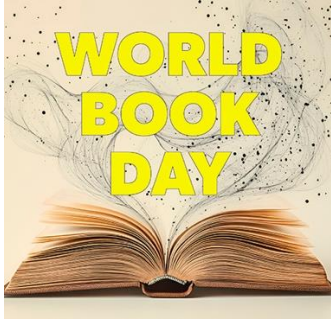
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**DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE**



MONDAY 3 MARCH	TUESDAY 4 MARCH	WEDNESDAY 5 MARCH	THURSDAY 6 MARCH	FRIDAY 7 MARCH
Mild Chicken Curry with Rice and a Poppadum (1)	Beef Lasagne & Garlic bread (1,7,9,10)	Roast Gammon with Pineapple	 <p>Crispy Chicken in a Wrap (1, 8) Quorn Dippers in a Wrap (1, 8) <b>VEGAN</b> Wrap of the Day Jacket Potato with Topping of the Day Potato Wedges, Baked Beans and Salad Bar Chocolate Brownie (1, 7)</p>	Fishfingers (1, 4)
Mac n' Cheese (1, 9, 11)	Chickpea and Vegetable Tagine with New Potatoes <b>VEGAN</b>	Courgette Bake <b>VEGAN</b>		Cheese and Tomato Turnover (1, 9)
Wrap of the Day	Wrap of the Day	Wrap of the Day		Wrap of the Day
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day		Jacket Potato with Topping of the Day
Sweetcorn and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Green Beans		Chips, Garden Peas and Salad Bar
Pineapple Upside Down Cake with Custard (1, 7, 9)	Tutti Frutti Tuesday	Raspberry Ripple Sponge with Custard (1, 7, 9)		Oatie Cookie (1)

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MONDAY 10 MARCH	TUESDAY 11 MARCH	WEDNESDAY 12 MARCH	THURSDAY 13 MARCH	FRIDAY 14 MARCH
Beef Bolognaise Pasta Bake (1, 9)	Homemade Sausage Roll (1, 8)	Roast Beef with a Yorkshire Pudding (1, 7, 9)	Chinese Style Chicken with Rice (1, 8)	Baked Breaded Fish (1, 4)
Spring Vegetable Tacos with Rice <b>VEGAN</b>	Cheese and Onion Pinwheel (1, 9)	Leek and Squash Crumble (1) <b>VEGAN</b>	Macaroni Cheese (1, 9, 11)	Vegetarian Sausage in a Roll (1) <b>VEGAN</b>
Wrap of the Day	Wrap of the Day	Wrap of the Day	Wrap of the Day	Wrap of the Day
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Fresh Broccoli	Cubed Potatoes, Baked Beans and Salad Bar	Roast Potatoes, Medley of Vegetables and Green Beans	Fresh Stir Fry Vegetables and Salad Bar	Chips, Garden Peas and Salad Bar
Oatie Peach and Apple Crumble with Custard (1, 9)	Shortbread Finger with Fruit Wedges (1)	Sticky Toffee Pudding and Custard (1, 7, 9, 14)	Tutti Frutti Thursday	Chocolate Cookie (1)

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FRESHUK PORK



FREERANGE EGGS



LOCAL FRUIT & VEG



WHOLEMEAL PASTA

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MONDAY 17 MARCH	TUESDAY 18 MARCH	WEDNESDAY 19 MARCH	THURSDAY 20 MARCH	FRIDAY 21 MARCH
Beefburger in a Bun (1, 8, 13)	Mexican Style Chicken in a Taco with Rice	Roast Turkey	Beef Lasagne with Herby Bread (1, 8, 9, 11)	 <p>Fishfingers (1, 4) Cheese and Tomato Baked Pitta (1, 9) Wrap of the Day Jacket Potato with Topping of the Day Chips, Garden Peas and Salad Bar Chefs Selection of Desserts Red Nose Theme</p>
Vegetarian Burger in a Bun (1, 13) <b>VEGAN</b>	Chunky Tomato Pasta (1)	Cheese and Leek Pie with a Shortcrust Topping (1, 9, 11)	Spinach and Lentil Dahl with Rice (1) <b>VEGAN</b>	
Wrap of The Day	Wrap of the Day	Wrap of the Day	Wrap of the Day	
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	
Potato Wedges, Baked Beans and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Spring Greens	Sweetcorn and Salad Bar	
Blueberry Sponge with Custard (1, 7, 9)	Strawberry Jelly Mousse (9)	Chocolate Cake with Chocolate Sauce (1, 7, 9)	Tutti Frutti Thursday	

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Spaghetti Bolognaise with Garlic Bread (1, 8, 9)	Chicken Fajita with Savoury Rice (1, 11)	Roast Gammon with Pineapple	Meat Feast Pizza (1, 8, 9)	Baked Breaded Fish (1, 4)
Bean and Vegetable Chilli with Rice <b>VEGAN</b>	Tomato and Basil Pasta (1)	Spring Vegetable Casserole with Dumplings (1) <b>VEGAN</b>	Cheese and Tomato Pizza (1, 8, 9)	Crispy Quorn Dippers (1, 8) <b>VEGAN</b>
Wrap of The Day	Wrap of The Day	Wrap of The Day	Wrap of The Day	Wrap of The Day
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Fresh Broccoli and Salad Bar	Fresh Carrots and Salad Bar	Roast Potatoes, Mashed Swede and Green Beans	Herby Potatoes, Baked Beans and Salad Bar	Chips, Garden Peas and Salad Bar
Apple Flapjack Crumble with Custard (1, 9)	Mixed Berry Cupcake (1, 7)	Peach and Banana Sponge with Custard (1, 7, 9)	Tutti Frutti Thursday	Chocolate Krispie Cake (1, 9)

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MONDAY 31 MARCH	TUESDAY 1 APRIL	WEDNESDAY 2 APRIL	THURSDAY 3 APRIL	FRIDAY 4 APRIL
Oven Baked Pork and Beef Sausages with Gravy (1, 8)	Sweet Chicken with Savoury Rice (8)	Slow Roasted Beef with Yorkshire Pudding (1, 7, 9)	Chicken Pie with Gravy (1)	Fishfingers (1, 4)
Oven Baked Vegetarian Sausage with Gravy (1) <b>VEGAN</b>	Chunky Tomato Pasta Spirals (1) <b>VEGAN</b>	Local Kentish Vegetable Pie with a Shortcrust Topping (1) <b>VEGAN</b>	Cheese and Tomato Baked Pitta (1, 9)	Homemade Vegetable Burger in a Bun (1, 13) <b>VEGAN</b>
Wrap of The Day	Wrap of The Day	Wrap of The Day	Wrap of The Day	Wrap of The Day
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Mashed Potato, Fresh Carrots and Salad Bar	Garden Peas and Salad Bar	Roast Potatoes, Fresh Broccoli and Roasted Butternut Squash	Herby Potatoes, Sweetcorn and Salad Bar	Chips, Baked Beans and Salad Bar
Marble Sponge with Custard (1, 7, 9)	Strawberry Cupcake (1, 7)	Pear Sponge with Custard (1, 7, 9)	Tutti Frutti Thursday	Chocolate Orange Cookie (1)

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